

# SPRING 2018 UPDATE



Spring has sprung!

We are very excited to get outdoors to enjoy the nice weather and longer days. This season's highlights include a Parks-wide block party, a compass scavenger hunt, a behind-the-scenes tour of the Woodland Park Zoo, a Columbia City Farmers Market feast, a Seattle Mariners game, indoor rock climbing, and paddling programs. You can also look forward to overnight camping trips in the San Juan Islands and the Cascades, and service projects with the Washington Trails Association and Camp Long. We will celebrate the end of the school year with our annual **Summer Kick-Off BBQ** on Monday, June 25th at Lincoln Park. This is a great way to meet new people, hang out in the sun, and sign up first for O2 summer events! You can reserve a space on any of these events by contacting Elise for Central, or Jai for South-end.

The spring season is also the time to apply for the **O2 Summer Stipend Programs**. We are offering 40 paid positions in our climbing, hiking, and trail crew programs this coming summer. To apply for these positions, fill out the application on page 15 and submit it to Emily by **June 8**. Once we have received the completed forms, we will contact all of the applicants and inform them of their acceptance and placement.

O2 Central's new home base, the **Southwest Teen Life Center**, will now serve as a pick-up location for our participants. We're looking forward to adding this convenient hub to our transportation routine, as well as using its fantastic facilities!

As the days get warmer, there are more opportunities to splash around at an O2 swimming, rafting, canoeing, kayaking, or boating event. To participate in our aquatic events, you are required to pass a **Float Test**. We are offering several float test dates for Central and South-end. If you are unable to make these times, you can visit one of the pools listed on our float test information page. Once you pass, your certification is good for three years.

You can sign up for any of the events with Elise (Central) or Jai (South-end). **If you sign up for an event, please keep track of the date and confirm that you are able to attend as it approaches.** These events are in high-demand, so failure to communicate with us might mean your spot goes to another participant.

*We are so excited to see you at our upcoming events! Sign up now for our next adventure!*  
~ Bob, Elise, Emily, & Jai ~

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[www.seattle.gov/parks/teens/o2](http://www.seattle.gov/parks/teens/o2)  
[www.facebook.com/O2ProgramSeattle](https://www.facebook.com/O2ProgramSeattle)

# April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 Central <b>Eat Local, Eat Fresh</b> <i>Page 5</i> South-end <b>Greatest Parks in Seattle</b> <i>Page 7</i>	5	6	7 South-end Overnight <b>San Juan Islands</b> <i>Page 9</i>
8 South-end Overnight <b>San Juan Islands</b> <i>Page 9</i>	9 South-end Overnight <b>San Juan Islands</b> <i>Page 9</i>	10 Central Overnight <b>Out on the Farm</b> <i>Page 9</i>	11 Central Overnight <b>Out on the Farm</b> <i>Page 9</i> South-end <b>Curling</b> <i>Page 7</i>	12 Central Overnight <b>Out on the Farm</b> <i>Page 9</i>	13 Youth Appreciation Week <b>Block Party</b> <i>Page 5</i>	14
15	16	17	18 JOINT <b>Summer Job Fair</b> <i>Page 7</i>	19	20	21 JOINT Service Project <b>Washington Trails Association</b> <i>Page 10</i>
22	23	24	25 Central <b>International District Art Tour</b> <i>Page 5</i> South-end <b>Outdoor Videography</b> <i>Page 7</i>	26	27	28
29	30					

Workshop pick-ups 2:45—3:30 p.m.  
Workshop drop-off by 7:30 p.m.  
Weekend trip pick-ups 8:45—9:30 a.m.  
Weekend trip drop-off by 8 p.m.

Contact us to sign up for events!  
Elise Adams (Central) | 206-423-1501  
Jai Hillard (South) | 206-423-3460  
[www.facebook.com/O2ProgramSeattle](http://www.facebook.com/O2ProgramSeattle)

# May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Central <b>Green Space Getaway</b> <i>Page 5</i> South-end <b>Seattle Underground Tour</b> <i>Page 7</i>	3	4	5
6	7	8 <b>Float Test</b> <i>Page 13</i>	9 Central <b>Indoor Rock Climbing</b> <i>Page 6</i> South-end <b>Map &amp; Compass Scavenger Hunt</b> <i>Page 8</i>	10	11	12  Central Overnight <b>Cascade Camping</b> <i>Page 9</i>
13  Central Overnight <b>Cascade Camping</b> <i>Page 9</i>	14	15	16 Central <b>Woodland Park Zoo</b> <i>Page 6</i> South-end <b>Environmental Justice &amp; Equity</b> <i>Page 8</i>	17  <b>Float Test</b> <i>Page 13</i>	18	19  South-end Overnight <b>Eastern Washington</b> <i>Page 9</i>
20  South-end Overnight <b>Eastern Washington</b> <i>Page 9</i>	21	22	23 Central <b>Beach Feast</b> <i>Page 6</i> South-end <b>Duwamish River Paddling</b> <i>Page 8</i>	24	25	26  JOINT Service Project <b>Camp Long Trail Restoration</b> <i>Page 10</i>
27	28 <i>Memorial Day: No School</i>	29 <b>Float Test</b> <i>Page 13</i>	30 Central <b>Kayak Adventure</b> <i>Page 6</i> South-end <b>Mariners Game</b> <i>Page 8</i>	31		

Workshop pick-ups 2:45—3:30 p.m.  
Workshop drop-off by 7:30 p.m.  
Weekend trip pick-ups 8:45—9:30 a.m.  
Weekend trip drop-off by 8 p.m.

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# June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2  South-end <b>Outdoor Adventure Day</b> <i>Page 9</i>
3	4	5	6  Central <b>Alki Beach Bike Day</b> <i>Page 6</i> South-end <b>MoPOP</b> <i>Page 8</i>	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22  <i>Last Day of School</i>	23
24	25  JOINT Summer Kick-Off BBQ <i>Page 6</i>	26  Float Test <i>Page 13</i>	27	28	29  JOINT White Water Rafting <i>Page 9</i>	30

Workshop pick-ups 2:45—3:30 p.m.  
Workshop drop-off by 7:30 p.m.  
Weekend trip pick-ups 8:45—9:30 a.m.  
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Contact us to sign up for events!  
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## **CENTRAL WORKSHOPS**

### **Pick-ups and Drop-offs**

**Southwest Teen Life Center**— 2:45 p.m.

**Rainier Community Center**—3:15 p.m.

**Garfield Community Center**—3:30 p.m.

**Return to Southwest TLC/Rainier CC/Garfield CC**—by 7:30 p.m.

### **Wednesday, April 4th | Eat Local, Eat Fresh**

Seattle has farmer's markets every day in different neighborhoods. They offer a delicious way to eat local produce and save some money. Find out how by touring one of these local gems, where we will buy some produce to make our own fresh dinner.

### **Friday, April 13th | Youth Appreciation Week Block Party**

Seattle Parks and Recreation celebrates YOU, the youth of Seattle, by throwing a block party at Rainier Community Center. Come on out with your fellow O2 crew to play games, eat food, and have a good time.

*\*\*Pick-up times Southwest TLC 4:15 p.m., Garfield CC 4:45 p.m., meet at Rainier CC 5:00 p.m. Drop-offs by 9 p.m. \*\**

### **Wednesday, April 18th | Summer Job Fair**

Are you interested in earning some money and gaining professional experience this summer? Swing by the summer employment fair to learn about all the different opportunities, how much you'll get paid, what your schedule would be, and how to apply all in one convenient workshop!

### **Wednesday, April 25th | International District Art Tour**

History, art, and culture collide in Seattle's International District for this workshop! We will explore the Wing Luke Museum of the Asian Pacific American Experience (including its newest Bruce Lee exhibit). Then, we will check out the old Immigrant Detention Center, which has been transformed into a creative space for local artists.

### **Wednesday, May 2nd | Green Space Getaway**

What is a green space and why are they such a big deal? Get outside and explore some of Seattle's special places and see why we have so many of them in our great city.



## CENTRAL WORKSHOPS

### Pick-ups and Drop-offs:

Southwest Teen Life Center—2:45 p.m.

Rainier Community Center—3:15 p.m.

Garfield Community Center—3:30 p.m.

Return to Southwest TLC/Rainier CC/Garfield CC—by 7:30 p.m.

### Wednesday, May 9th | Indoor Rock Climbing

With summer fast approaching, the time has come to dive into rock climbing (or just dip your toe in for the first time)! Join us on an indoor rock wall to strengthen your skills or to learn the basics. No gear or experience necessary.

**\*\*Waiver Required—text Elise for details\*\***

### Wednesday, May 16th | Woodland Park Zoo

Central is going behind the scenes at the Woodland Park Zoo! We will get to wander around, check out exotic and beautiful animals, and see some of the operations hidden from the usual visitors. We might even get to see some critters up-close and personal!

### Wednesday, May 23rd | Beach Feast

With summer on the way and more outdoor camping adventures, what better time to learn how to cook on our O2 backpacking stoves! Come hang out at the beach and learn to cook some delicious backcountry food while gazing at the water and dreaming about summer.

### Wednesday, May 30th | Kayak Adventure

Take advantage of the longer days and warmer weather by paddling around in Lake Washington with O2! We will take our canoes and kayaks out on the water after school to explore, lounge atop the waves, and maybe jump in once or twice. If you've never done any paddle sports before, this is a great chance to learn before summer arrives.

**\*\*Float test required, see page 13 for details\*\***

### Wednesday, June 6th | Alki Beach Bike Day

Have you ever ridden a bike made for six? It's a goofy way to get outside and enjoy our warming weather. Check out the incredible views of Seattle from the beach and enjoy a picnic with O2.

### Monday, June 25th | Summer Kick-Off Barbecue

With school finally over and summer just beginning, please come and celebrate with an O2 barbecue at the beach. This will also be an opportunity to see the newly-released summer calendar, sign up for events, eat yummy food, play beach games, and hang out with old and new friends. Anyone is welcome to join!



## SOUTH-END WORKSHOPS

### **Pick-ups and Drop-offs:**

**Camp Long**—3 p.m.

**Jefferson Community Center**—3:15 p.m.

**Rainier Beach Community Center**—3:30 p.m.

**Return to Jefferson CC/Rainier CC/Camp Long**—by 7:30 p.m.

### **Wednesday, April 4th | Greatest Parks in Seattle**

There are hundreds of parks in Seattle! We will explore a handful of them in the Rainier Valley – from the Japanese Kubota Gardens to Deadhorse Canyon and Pritchard Beach. You're sure to learn something new about the natural areas right in your backyard during this workshop!

### **Wednesday, April 11th | Curling**

You've seen it in the Olympics, now you'll have a chance to try it out! Curling is shuffleboard on ice, where two teams take turns sliding stones down the ice to score points. You may stumble at first, but we'll have tons of fun playing—no steroids required! Granite Curling Club waiver required, see page 17 for details.

*\*\*Pick-up times Camp Long 9:00 a.m., Jefferson CC 9:15 a.m., Rainier Beach CC 9:30 a.m. Drop-offs by 4:00 p.m.\*\**

### **Friday, April 13th | Youth Appreciation Week Block Party**

Seattle Parks and Recreation celebrates YOU, the youth of Seattle, by throwing a block party at Rainier Community Center. Come on out with your fellow O2 crew to play games, eat food, and have a good time.

*\*\*Pick-up times Camp Long 4:30 p.m., Jefferson CC 4:45p.m., Rainier Beach CC 5:00 p.m. Drop-offs by 9:00 p.m.\*\**

### **Wednesday, April 18th | Summer Job Fair**

Are you interested in earning some money and gaining professional experience this summer? Swing by the summer employment fair to learn about all the different opportunities, how much you'll get paid, what your schedule would be, and how to apply all in one convenient workshop!

### **Wednesday, April 25th | Outdoor Videography**

Outdoor videography, software, and apps have come a long way in the past few years. We are pleased to work with a local videographer that will teach us hot, new outdoor video professional tips, and how to use phone apps to easily edit and post to platforms like Snapchat and Instagram.

### **Wednesday, May 2nd | Seattle Underground Tour**

The Seattle Underground Tour always provides a fascinating look at Seattle's hidden history. Every time we take this tour, it uncovers secrets that were never included in the history books.





## SOUTH-END WORKSHOPS

### Pick-ups and Drop-offs:

**Camp Long**—3 p.m.

**Jefferson Community Center**—3:15 p.m.

**Rainier Beach Community Center**—3:30 p.m.

**Return to Jefferson CC/Rainier CC/Camp Long**—by 7:30 p.m.

### **Wednesday, May 9th | Camp Long Map and Compass Scavenger Hunt**

Come out to our amazing race through Camp Long with a twist! You'll only be able to find the clues by following a map and compass. Work with your teammates to decipher riddles, follow directions, learn more about Camp Long, and win some awesome prizes.

### **Wednesday, May 16th | Environmental Justice and Equity**

We explore the natural world and talk about the environment on all of our O2 adventures. During this workshop, we will examine where environmental stewardship intersects with racial equity. We will present videos, images, and music to tell a story of environmental justice—the fair treatment and meaningful involvement of all people.

### **Wednesday, May 23rd | Duwamish River Paddling**

For the first time in our O2 history, we are canoeing along the heavily industrial shores of the Port of Seattle in the lower Duwamish River. Come learn of the history of the Duwamish, and how nature, industry and residential communities live side-by-side. *\*\*Float test required, see page 13 for details.\*\**

### **Wednesday, May 30th | Mariners Game**

It's the time of the year to head out to Safeco Field and enjoy a spring season ball game. Come see our beloved Ichiro back in the line-up, eat classic ball-game food, and sing along to the classics.

*\*\*Pick-ups 5:00 p.m. Camp Long, 5:15 p.m. Jefferson CC, 5:30 p.m. Rainier Beach CC. Drop-off by 10:00 p.m.\*\**

### **Wednesday, June 6th | Museum of Pop Culture**

The Museum of Pop Culture (MoPOP) is one of Seattle's cutting-edge, premier attractions. Current exhibits include: the Marvel Comic exhibit, Nirvana, science fiction, horror movie sets, the fantasy movie exhibit, and the video gaming room! Sign up now to reserve a spot!

### **Monday, June 25th | Summer Kick-Off Barbecue**

With school finally over and summer just beginning, please come and celebrate with an O2 barbecue at the beach. This will also be an opportunity to see the newly-released summer calendar, sign up for events, eat yummy food, play beach games, and hang out with old and new friends. Anyone is welcome to join!





### Pick-ups and Drop-offs for Trips:

CENTRAL students can meet the green Parks van at:  
**Southwest Teen Life Center—8:45am**  
**Rainier Community Center—9:15 a.m.**  
**Garfield Community Center—9:30 a.m.**  
**Return to Southwest TLC/Rainier CC/**  
**Garfield CC— by 8 p.m. for trips**

SOUTH-END students can meet the white Parks van at:  
**Rainier Beach Community Center—9 a.m.**  
**Jefferson Community Center – 9:15 a.m.**  
**Camp Long – 9:30 a.m.**  
**Return to Jefferson CC/Rainier Beach CC/Camp**  
**Long— by 8 p.m. for trips**

### CENTRAL TRIPS

#### **Tuesday, April 10th—Thursday, April 12th | Out on the Farm**

Come celebrate Spring Break on our 3-day farm adventure! We will be living the rural life of yore--tent camping under the stars, working with horses, toasting marshmallows around the fire, and learning how to plant, harvest, and care for animals sustainably. We'll even meet Finn the friendly llama!

#### **Saturday, May 12th—Sunday, May 13th | Cascade Camping**

The Cascade mountains are calling and we must go! Spend a weekend camping out in the mountains and exploring some of what this beautiful area offers. Hike to a waterfall, kayak a serene lake, and make a campfire on this weekend trip that is bound to be an adventure!

*\*\*Float Test required, see page 13 for details.\*\**

### SOUTH-END TRIPS

#### **Saturday, April 7th—Monday, April 9th | San Juan Islands**

Take full advantage of your spring break with a three day trip to the world renowned San Juan Islands. Join us as we hike the coastline looking for seals, eagles, and maybe even the resident orca whales! With day trips to San Juan Island as well as touring a working farm, this is sure to be a jam packed trip and a highlight of the spring.

#### **Saturday, May 19th—Sunday, May 20th | Eastern Washington**

Eastern WA is a great place to camp during the spring season as the days get longer and the desert warms up. We will camp under the stars, hike along scenic ridges, and take to day trip to Hanford Reach: a local sand dune area.

#### **Saturday, June 2nd | Outdoor Adventure Day**

Let's celebrate the coming of the summer season with a fun adventure day! This multi-activity day will include hiking, paddling and rock climbing (depending on the conditions) all in one excursion! If you decide that you would like to join in the optional canoeing, a float test (page 13) will be required.

### JOINT DAY TRIPS

#### **Friday, June 29th | White Water Rafting**

White water rafting is one of our most popular O2 events of the year. We are heading back to the Wenatchee River in Leavenworth to ride the rapids and soak up the sun. This trip is always popular, and the spaces fill up fast! Please call to reserve a space early. A signed Orion Expeditions waiver (page 21) and a Float Test (page 13) are required for this event.



### Pick-ups and Drop-offs for Service Projects:

CENTRAL students can meet the green Parks van at:

**Southwest Teen Life Center—8:45 a.m.**

**Rainier Community Center—9:15 a.m.**

**Garfield Community Center—9:30 a.m.**

**Return Southwest TLC/Rainier CC/Garfield CC by 6 p.m.**

SOUTH-END students can meet the green Parks van at:

**Rainier Beach Community Center—9 a.m.**

**Jefferson Community Center—9:15 a.m.**

**Camp Long—9:30 a.m.**

**Return to Rainier Beach CC/Jefferson CC/Camp Long by 6 p.m.**



### JOINT SERVICE PROJECTS

#### **Saturday, April 28th | Washington Trails Association**

It's no secret that O2 loves to hike. From summer backpacking trips to day hikes we are constantly on the trail. For this service project, we will spend a day giving back to the areas that we love by maintaining and building trail systems. Join us as we get our hands dirty and get to work building trails in Seattle's backyard.

*\*\*Waiver required, see page 19\*\**

#### **Saturday, May 26th | Camp Long Trail Restoration**

We talk a lot about how to bring what we learn on our trips back to our communities—here is a chance to introduce some more beauty to your city! During this service project, we will be working together to maintain and beautify some trails at Camp Long, which will allow more people to enjoy the wonderful park all summer long.







### Central | Juvanni Parrilla

Juvanni is a fantastic, reliable, and energetic leader in O2 Central! He came to nearly all of our events this past season, and he brought to each his jovial sense of humor, his thoughtful discussion, and his limitless creativity. He intentionally reaches out to others, and has become a friend to everyone. Oh, and he crushed it on the slopes in his second year of our weekly snowboarding lessons!

Thank you, Juvanni, for your authenticity, kindness, and goofiness!

### South-End | Isaiah-James Draculan

Isaiah has been a great contributor to our O2 program for the past year. He has participated in numerous events including after-school workshops, service projects, and overnight trips. He is very quick to lend a helping hand and is always thoughtful of maintaining the peace for our group. Isaiah is very family orientated and applies this value to his O2 family in many ways. One of his greatest gifts is keeping his community health and happy with his cooking! We have shared many Isaiah-prepared breakfasts on O2 trips and can't wait for the next.

Thank you, Isaiah, for being a positive contributor to our program!





**1. Southwest Teen Life Center**  
2801 SW Thistle St, Seattle, WA  
(206) 684-7438

**Bus Line(s):** 21, 22, 60, 125, C Line

**Directions:** The teen center is located on SW Thistle St and 28th Avenue SW, across the street from Chief Sealth High School.

**Meeting Location:**

**2. Garfield Community Center**  
323 E Cherry St, Seattle, WA  
(206) 684-4788

**Bus Line(s):** 3, 4, 48

**Directions:** The Community Center is located on the corner of E. Cherry St and 23rd Ave.

**Meeting Location:** Meet the Parks van in the community center parking lot on East

**3. Rainier Community Center**  
4600 38<sup>th</sup> Ave. S, Seattle, WA  
(206) 386-1919

**Bus lines:** 7, 9

**Directions from the corner of Rainier and Alaska:** Walk downhill (east) on Alaska. Walk one block past the Rainier Playfield on your left.

**Meeting Location:** Meet the Parks van in the parking lot of the community center.

**4. Camp Long Environmental Learning Center**  
5200 35<sup>th</sup> Ave. SW, Seattle, WA  
(206) 684-7434

**Bus lines:** 21, C Line

**Driving Directions From I-5:**

Take exit 163A, merge onto West Seattle Bridge. Take a left onto 35<sup>th</sup> Ave SW. Follow 35<sup>th</sup> Ave. SW past Alaska St. Turn left on SW Dawson St.

**Meeting Location:** Meet the Parks van in the parking lot in front of the Camp Long Lodge.

**5. Jefferson Community Center**  
3801 Beacon Ave. S, Seattle, WA  
(206) 684-7481

**Bus lines:** Light Rail, 36

**Driving Directions From I-5:**

Take exit 163A toward S. Columbian Way. Turn left onto S. Spokane St. Turn right on Beacon Ave S.

**Meeting Location:** Meet the Parks van in the parking lot of the community center near the front entrance.

**6. Rainier Beach Community Center**  
8825 Rainier Ave S, Seattle, WA  
(206)-386-1925

**Bus Lines:** 106, from downtown: 7

**Driving Directions:** Down the street from Rainier Beach High School, cross street Rainier and S. Henderson St.

**Meeting Location:** Parking lot in front of the community center.





## Float Tests



If you want to participate in any O2 event that takes place on the water, you need to pass a city approved float test. A float test is when you prove to a lifeguard that you can tread water while wearing long pants and a long sleeved shirt for 10 minutes and put on a lifejacket. **You *do not* need to be a good swimmer to pass the test.**

### Standard Float Test

- To pass a Standard Float Test, you must tread water in the deep end of the pool for 9 minutes. In the 10<sup>th</sup> minute, the lifeguard will ask you to put on a life jacket while you are still treading water. At no time are you allowed to touch the side of the pool.
- A Standard Float test is good for three years and allows you to do any O2 aquatic event.

### O2 Spring 2018 Float Tests

Tuesday, May 8th  
Thursday, May 17th  
Tuesday, May 29th  
Tuesday, June 26th

All Float Tests will be  
7:30—8:30pm at  
Southwest Teen Life Center

Central pick-ups  
Garfield CC—6:30 p.m.  
Rainier CC—6:45 p.m.

South-end pick-ups  
Rainier Beach—6:30 p.m.  
Jefferson—6:45 p.m.  
Camp Long—7:00 p.m.

Return by 9:30 p.m.  
Return by 9:00 p.m.

### If you are taking a Float Test on your own

Call the pool nearest you to see when you can take the test!

You can ONLY take a float test at the following Seattle Parks and Recreation city pools:

Ballard Pool (684-4094)	Queen Anne Pool (386-4282)
Evans Pool at Green Lake (684-4961)	Rainier Beach (386-1944)
Medgar Evers Pool near Garfield CC (684-4766)	Southwest Pool in West Seattle (684-7440)
Madison Pool in Bitter Lake (684-4979)	Coleman Pool in West Seattle (684-7494)
Meadowbrook Pool off Lake City Way (684-4989)	Mounger Pool in Magnolia (684-4708)

### WHAT TO BRING

- Photo identification
- \$3 to get into the pool
- Long pants and a long sleeved shirt—you will do your float test with your clothes on!
  - Avoid bringing jeans or sweat pants, as these get heavier when wet. Fleece or leggings work great!
- Change of clothes

Please submit your completed and signed Float Test to Elise or Jai prior to attending an O2 aquatic trip.

# Earn Money with O2 this Summer!



## Trail Crew

**Dates:** July 8<sup>th</sup>—13<sup>th</sup>

**What to Expect:** This is a 6-day trip into the Mount Baker-Snoqualmie National Forest. We will be working long days maintaining and building trails, and camping out with limited shower access. Take advantage of this opportunity to build muscles, get dirty, and earn some money!

**Payment: \$378.80**

## Rock Climbing Program

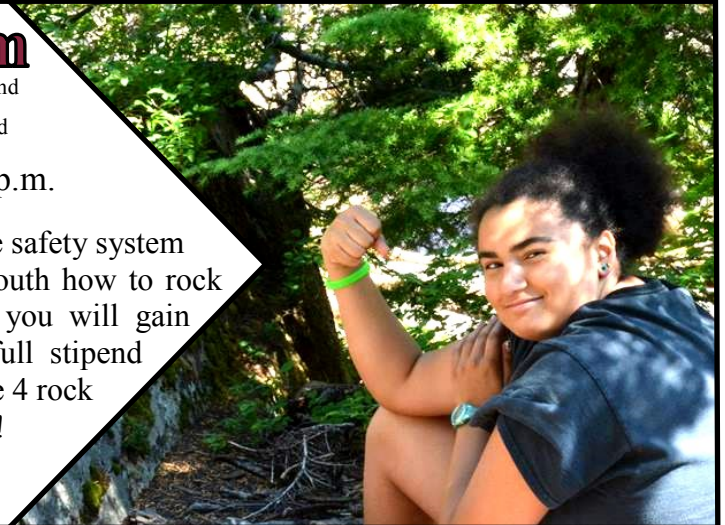
**Mandatory Training:** Monday, July 2<sup>nd</sup>

**Dates:** July 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, & August 2<sup>nd</sup>

Meet at Camp Long at 7 a.m. Return by 6 p.m.

**What to Expect:** You will be belaying (the rope safety system for climbing) and teaching Community Center youth how to rock climb. This is an empowering experience, and you will gain valuable skills to use at future jobs. To get the full stipend you need to attend the training day and 3 out of the 4 rock climbing dates. No climbing experience necessary!

**Payment: \$200**



## Hiking Program

**Mandatory Training:** Monday, July 2<sup>nd</sup>

**Dates:** July 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>

Meet at Garfield Community Center. Times TBD.

**What to Expect:** Lead trips for Community Center youth learning how to hike and navigate through wilderness. You will be responsible for teaching them safety and technical skills as well as encouraging and helping them. To get the full stipend, you need to attend the training day and 3 out of the hike dates. No hiking experience necessary!

**Payment: \$150**

## Steven's Pass Restoration

**Date:** Wednesday, August 1<sup>st</sup>

Pick-ups 7—7:30 a.m. Return by 8 p.m.

**What to Expect:** A one-day restoration trip to help keep our wild spaces pristine! You will spend about 5 hours working, and then we will have a picnic to finish off the day.

**Payment: \$45**

## Apply!

To sign up, fill out the application on the following page, and turn it in by **June 8<sup>th</sup>**.

*Mail or Hand Delivery:*

Camp Long ELC, 5200 35th Ave SW,  
Seattle, WA 98126, Attn: Emily Sutton.

*Email:* emily.sutton@seattle.gov



In order to be eligible for a summer stipend position you must complete this application and mail or deliver it to:

**Camp Long ELC, 5200 35th Ave SW, Seattle, WA 98126, Attn: Emily Sutton.**

Emily will need to have this application in her possession by **June 8th**. *Late applications will not be accepted.*

## **O2 Summer Stipend Opportunity Application**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone numbers: \_\_\_\_\_

Email: \_\_\_\_\_

**Please rank your stipend preference using 1, 2, 3, and 4 in the spaces below (1 being your first choice).**

Preference:    Rock Climbing \_\_\_\_\_                  Hiking \_\_\_\_\_                  Trail Crew \_\_\_\_\_                  Restoration \_\_\_\_\_

Please complete the following short answer questions. These questions will be evaluated to determine the best candidates for the available summer stipend opportunities.

**1. How have you positively contributed to the community?**

(This can include the O2 community, your school community, family/friend community, city community, etc.)

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**2. What positive contributions will you make to the stipend program you are applying for?**

(Please list your first and second job choices)

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**3. What do you seek to gain by participating in the stipend program?**

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**Please mail, hand deliver, or email your application to Emily by June 8th!**

**Mail: Camp Long ELC, 5200 35th Ave SW, Seattle, WA 98126, Attn: Emily Sutton**

**Email: [emily.sutton@seattle.gov](mailto:emily.sutton@seattle.gov)**



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**APPLICATION!!!**

Granite Curling Club of Seattle  
Release of Liability—Read Before Signing

In consideration of being allowed to participate in any way in the programs of Granite Curling Club of Seattle, Inc. ("Club") and the United States Curling Association, Inc. ("USCA"), their related events and activities, the undersigned, acknowledges, appreciates, and agrees that:

- I. The risk of injury from the activities involved in this program is significant. Ice is slippery and hard. The risk includes the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and
- I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the Releasees or others, and assume full responsibility for my participation; and
- I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Club and the USCA immediately; and
- I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release the Club and the USCA, their officers, officials, agents and/or employees, other participants including without limitation Club members and volunteers, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the activity ("Releasees"), with respect to any and all injury, disability, death, or loss or damage to person or property associated with my presence or participation, whether arising from the negligence of the Releasees or otherwise, to the fullest extent permitted by law. I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

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Participant's signature

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Age

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Participant's printed name

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Date signed

participant's email address (optional)

Emergency Contact Information

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Printed name

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Telephone

For parents/Guardians of Participants of Minority Age

(under age 18 at time of registration)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself\* my child and our heirs, assigns, and next of kin, I release the Club, the USCA, and the other Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from the negligence of the Releasees, to the fullest extent permitted by law .

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Parent/Guardian's signature

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Date signed

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Parent/Guardian's printed name

GCC waiver form 20170828





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**WAIVER!!!**

## Washington Trails Association

### PARENT/GUARDIAN LIABILITY RELEASE For Participants Under Age 18

#### To Be Read and Signed by Parent/Guardian

**BY SIGNING THIS FORM I AM RELEASING WASHINGTON TRAILS ASSOCIATION FROM ANY AND ALL LIABILITY IN THE EVENT MY CHILD IS INJURED, DAMAGED OR KILLED WHILE PARTICIPATING IN THIS PROJECT OR EVENT SPONSORED BY WASHINGTON TRAILS ASSOCIATION. I UNDERSTAND THAT I COULD HAVE THIS RELEASE REVIEWED BY A LAWYER OF MY CHOICE.**

Understanding the foregoing paragraph, I wish for my child to participate in this project sponsored by Washington Trails Association (WTA). I am aware that events and projects sponsored by WTA may involve hiking, backpacking, camping, trail games and other activities (including but not limited to running, jumping, light contact sports); construction and maintenance of trails and recreation facilities, and that participating in or observing these events or projects poses certain dangers, including, but not limited to, the hazards of traveling in and hiking in wilderness and steep mountainous terrain; using hand or motorized construction tools (and of hiking and working in the proximity of such tools when used by others); injury or illness in remote places without medical aid; lifting and working on often narrow and precipitous trails; and unforeseen events caused by the forces of nature. In consideration for permitting my child to participate in projects sponsored by WTA, I, for my family, my estate, and myself, hereby waive any right of recovery and claims of liability against WTA, its officers, employees and agents, including claims for bodily injury, death, personal injury and/or damage to property, and release WTA, its officers, employees and agents from any claims made by others for personal injury or property damage allegedly caused by me. Further, I will hold WTA harmless from any loss or damages resulting from the foregoing waiver and release. This Release and Indemnity Agreement is a contract, not a mere recital and thus it shall remain in effect for all projects sponsored by WTA in which my child participates. I also give permission for my child to be photographed / filmed and have his or her image used by WTA and their partner agencies, without royalty or compensation.

As Parent/Guardian, I am signing on behalf of a minor, I further agree to HOLD HARMLESS AND INDEMNIFY Washington Trails Association and its members from all liability, claims and causes of action which the minor may have arising from the minor's participation in activities. The terms of this agreement shall serve as a release and indemnity agreement for my heirs, personal representative, and for all members of my family, including any minors.



#### ASSUMPTION OF RISK, RELEASE OF LIABILITY, AND INDEMNIFICATION OF CLAIMS

As the parent or guardian of the minor identified above ("My Child"), and in consideration of My Child's opportunity to serve as a King County volunteer ("the Service"), **I hereby agree to personally assume all risks for any harm, injury or damage that may occur to My Child in connection with the Service**, regardless of whether such risks, harm, injury, or damage were foreseen or unforeseen. **I accept full responsibility for the cost to treat any injury suffered by My Child in connection with the Service.**

I hereby exempt and release King County from all liability whatsoever for personal injury, property loss or damage, or wrongful death, caused by negligence in connection with the Service. On behalf of myself, my successors in interest, heirs, and assigns, **I agree that King County shall not be held liable to me in any way for any occurrence arising out of or related to the Service that may result in injury,**

**death, or other injuries or damages to My Child. I agree to protect, defend, indemnify and save harmless King County, its officers, officials, employees and agents, from any and all claims, demands, suits, penalties, losses, damages, judgments or costs of any kind whatsoever, arising out of or in any way resulting from the Service, except for such acts or omissions as may constitute gross negligence by King County.**

**I HAVE READ AND AGREE TO ABIDE BY THE WTA LIABILITY RELEASE AND THE KING COUNTY PARKS ASSUMPTION OF RISK, RELEASE OF LIABILITY, AND INDEMNIFICATION OF CLAIMS AND AGREE I HAD THE OPPORTUNITY TO MAKE CHANGES OR SUGGEST CHANGES TO THIS AGREEMENT, BUT I MADE NO ATTEMPT TO ALTER OR CHANGE THE WORDING.**

Parents or legal guardians must sign for all persons under eighteen (18) years of age.

Participant Name: \_\_\_\_\_

Parent /Guardian Name: \_\_\_\_\_

Parent /Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*In case of emergency, please contact:*

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone- Day: \_\_\_\_\_ Evening: \_\_\_\_\_



**ORION EXPEDITIONS, INC.**  
**RELEASE AGREEMENT AND ACKNOWLEDGEMENT OF RISK**

I, the undersigned, in consideration of the services of Orion Expeditions, Inc., its officers, directors, employees, contractors, agents and representatives (collectively referred to in this Agreement as "Orion"), hereby agree to release and discharge Orion, on behalf of myself, my heirs, assigns, personal representatives, dependents, and estate as follows:

1. I understand and acknowledge that the activity I am about to voluntarily engage in as a participant and/or volunteer bears known risks and unanticipated risks which could result in serious injury, death illness or disease, physical or mental, or damage to myself, to my property or to spectators or other third parties. The following describes some, but not all, of those risks:

- (a) Accident or mishap while traveling to and from the river, whether in vehicles operated by Orion, or in vehicles operated by other persons;
- (b) Collision with any object or person in or outside the boat, or on land, or on the river, or in the river, including, among others, collisions with equipment, other persons, rocks, boulders or trees;
- (c) Any attempt on my part to perform beyond my physical and/or mental ability, and/or the aggravation, recurrence or onset of any pre-existing medical condition of mine;
- (d) Failure on my part or on the part of other guests to comply with any Orion instruction;
- (e) Falling from the boat into the river, or onto a rock, tree or other object, or onto the river bank, and any slip or fall on any terrain;
- (f) Entanglement in, or entrapment by any rope, line, webbing or other equipment, or entanglement in, or entrapment by any other object in or around the river, including, among others, rocks, boulders, trees or man-made objects;
- (g) Failure of equipment, whether owned by me, or provided by or rented from Orion;
- (h) The forces of nature, including, among other things, strong currents, large waves, powerful hydraulics, and/or inclement weather;
- (i) Swimming or floating in the river, drowning, hypothermia, exposure, heat-related illness and/or shock; and/or
- (j) Emergency evacuation and rescue, including among other things, evacuation and rescue from remote and/or hazardous situations.

WHITEWATER RAFTING DOES NOT TAKE PLACE IN A CONTROLLED ENVIRONMENT. AND WILL ALWAYS BE SUBJECT TO THE RISKS POSED BY THE FORCES OF NATURE. THE NATURE AND EXTENT OF THOSE RISKS ARE NOT CAPABLE OF PRECISE DETERMINATION OR CONTROL. EVEN BY PERSONS WITH MANY YEARS OF RAFTING AND GUIDING EXPERIENCE. RAFTING AND/OR ASSOCIATED ACTIVITIES ARE DANGEROUS ACTIVITIES.

2. Being aware that this activity entails known and unknown risks of my serious injury, death or property damage, and risks of serious injury, death or property damage to spectators or other third parties in consequence of my actions, I expressly agree, covenant and promise to accept and assume all responsibility and risk for all and any injury, death, illness or disease, or damage to myself, to others, or to my property arising from my participation in this activity. My participation in this activity is purely voluntary, no one is forcing me to participate, and I elect to participate in spite of the risks.

3. I hereby voluntarily release, forever discharge, and agree to hold harmless, defend and indemnify Orion from and against any and all liability, claims, demands, actions or rights of action, which are related to, arise out of, or are in any way connected with my participation in this activity, including specifically but not limited to the negligent acts or omissions of Orion, its agents or employees, and all other persons or entities, for any and all injury, death, illness or disease, and damage to myself or to my property.

IN SIGNING THIS DOCUMENT, I FULLY RECOGNIZE THAT IF ANYONE, INCLUDING ME, IS HURT OR DIES OR PROPERTY IS DAMAGED WHILE I AM ENGAGED IN THIS EVENT, I WILL HAVE NO RIGHT TO MAKE A CLAIM OR FILE A LAWSUIT AGAINST ORION, OR ITS OFFICERS, DIRECTORS, EMPLOYEES, AGENTS, CONTRACTORS OR REPRESENTATIVES, EVEN IF THEY OR ANY OF THEM NEGLIGENTLY CAUSED THE BODILY INJURY, DEATH OR PROPERTY DAMAGE.

4. Should it become necessary for Orion, or someone on Orion's behalf, to incur attorneys' fees and costs to enforce and/or interpret this agreement, or any portion of this Agreement, I agree to pay the reasonable costs and attorneys' fees incurred by Orion and such persons, or for which they incur any liability.

5. I agree to refrain from consuming any alcohol or other intoxicants for any period during which they may adversely affect me while rafting. I am affected by the following medical conditions (including allergies), and am taking the following drugs:

I have consulted with a medical professional concerning the use of such drugs and the effect of such conditions while rafting. In the event of illness or injury occurring while rafting, I hereby consent in advance to whatever medical or surgical diagnostic and/or restorative procedure or treatment is considered necessary in the judgment of the attending physician, medical technician or guide furnishing medical services.

6. I certify that I have sufficient health, accident and liability insurance to cover any bodily injury or property damage I may incur while participating in this event and to cover bodily injury or property damage caused to a third party as a result of my participation in this event. If I have no such insurance, I certify that I am capable of personally paying for any and all such expenses or liability.

7. If any provision of this Agreement is held to be invalid, such invalidity shall not render invalid the remainder of this Agreement or the remainder of the section of which such invalid provision is a part. If any provision of this Agreement is so broad as to be held unenforceable, such provision shall be interpreted to be only so broad as is enforceable.

Signature of participant: \_\_\_\_\_

Print name: \_\_\_\_\_

If under 18, signature  
of parent or guardian: \_\_\_\_\_

Print name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_

River: Wenatchee River

Witness: \_\_\_\_\_

(Print Name) \_\_\_\_\_



## Spring 2018 Equipment Lists

Make sure you show up to your Spring events well prepared! Below are lists of some things you should plan to bring on overnight trips and on day trips. Remember, we can provide many of these items, like extra jackets or hiking boots - this is just basic essentials!

Overnight Trips	Day Trips
<ul style="list-style-type: none"> <li>-Water bottle</li> <li>-Comfortable closed-toe walking shoes</li> <li>-Heavy jacket</li> <li>-Waterproof jacket</li> <li>-Wool or fleece sweater</li> <li>-Warm layers</li> <li>-Gloves</li> <li>-Warm hat</li> <li>-Warm socks (synthetic or wool)</li> <li>-1 pair of pants</li> <li>-Bandana</li> <li>-1 Small towel</li> <li>-1 Wash cloth</li> <li>-Swim Wear and towel</li> <li>-Flashlight (extra batteries)</li> <li>-Toiletries: soap (Ivory, if possible), tooth-paste, toothbrush, comb, brush, sanitary napkins if necessary</li> <li>-Medications (if needed)</li> <li>-Allergy medicine (if needed)</li> <li>-Travel size Pillow</li> <li>-Sunscreen</li> <li>-Sunglasses</li> <li>-Lip balm</li> <li>-Camera (optional)</li> </ul>	<ul style="list-style-type: none"> <li>-Comfortable closed-toe walking shoes</li> <li>-Waterproof jacket</li> <li>-Warm layers</li> <li>-Swim wear</li> <li>-Towel</li> <li>-Sunscreen</li> <li>-Sunglasses</li> <li>-Medications (if needed)</li> <li>-Camera (optional)</li> <li>-Snacks (optional)</li> </ul>